

# Jime - Waza : Würgen

## Gruppe Juji-Jime



Tomoe-Jime



Sode-Guruma

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## Gruppe Okuri-Eri-Jime



Okuri-Eri-Jime [Kragenwürge]



Gyaku Okuri Eri Jime

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**Gruppe Kata-Ha-Jime**



**Kata-Ha-Jime**



**Gaeshi-Jime**

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**Gruppe Hadaka-Jime**



**Hadaka-Jime**



**Sankaku-Jime**

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## Gruppe Ryote-Jime



Ryote-Jime



Kensui-Jime

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## Gruppe Katate-Jime



Katate-Jime



Hasami-(Ashi)-Jime



**Gruppe Ashi-Jime**



**Ashi-Jime** [**Beinwürgen**]



**Kagato-Jime** [**Fußwürgen**]